

**PEACE IS WHAT WE HAVE WHEN
CREATIVE CONFLICT TRANSFORMATION
TAKES PLACE NON-VIOLENTLY.**

Johan Galtung (peace researcher, Norway)



**PEACE IS NOT MERELY A DISTANT
GOAL THAT WE SEEK, BUT A MEANS
BY WHICH WE ARRIVE AT THAT GOAL.**

Martin Luther King, Jr. (civil rights activist, Nobel Peace Prize 1964, USA)



**PEACE IS NOT A PASSIVE BUT AN
ACTIVE CONDITION, NOT A NEGATION
BUT AN AFFIRMATION.**

Mary Roberts Rinehart (author, USA)



**WHEN THE POWER OF LOVE
OVERCOMES THE LOVE OF POWER
THE WORLD WILL KNOW PEACE.**

Jimi Hendrix (musician, USA)



**ACTION INDEED IS THE
SOLE MEDIUM OF
EXPRESSION FOR ETHICS.**

Jane Addams (activist, social worker, Nobel Peace Prize 1931, USA)



**THE FIRST ESSENTIAL
CHARACTERISTIC OF NON-VIOLENT
ACTION IS THAT IT IS CREATIVE.**

Hildegard Goss-Mayr (peace activist, Austria)



THEY SAY THAT TIME CHANGES THINGS, BUT YOU ACTUALLY HAVE TO CHANGE THEM YOURSELF.

Andy Warhol (artist, USA)



SOMEDAY THEY'LL GIVE A WAR AND NOBODY WILL COME.

Carl Sandburg (writer & poet, USA)



A FREE SOCIETY IS ONE WHERE IT IS SAFE TO BE UNPOPULAR.

Adlai Stevenson (politician, USA)



ACTION IS THE ANTIDOTE TO DESPAIR.

Joan Baez (musician & peace activist, USA)



THE GREATEST DANGER TO OUR FUTURE IS APATHY.

Jane Goodall (anthropologist, environmental & peace activist, GB)



THE OPPOSITE OF WAR IS NOT PEACE, IT IS CREATION.

Jonathan Larson (composer & playwright, USA)



**THE GUNS AND THE BOMBS, THE
ROCKETS AND THE WARSHIPS, ARE
ALL SYMBOLS OF HUMAN FAILURE.**

Lyndon Johnson (US-president 1963-69)



**IF EVERYONE DEMANDED PEACE
INSTEAD OF ANOTHER TELEVISION
SET, THEN THERE'D BE PEACE.**

John Lennon (musician, artist & peace activist, GB)



**IF THERE IS TO BE ANY PEACE
IT WILL COME THROUGH BEING,
NOT HAVING.**

Henry Miller (writer, USA)



**ESTABLISHING LASTING PEACE
IS THE WORK OF EDUCATION;
ALL POLITICS CAN DO IS KEEP US
OUT OF WAR.**

Maria Montessori (physician & educator, Italy)



**ACTIVISM PAYS THE RENT
ON BEING ALIVE AND BEING
HERE ON THE PLANET.**

Alice Walker (author & feminist, USA)



**THE MOST COMMON WAY
PEOPLE GIVE UP THEIR POWER IS BY
THINKING THEY DON'T HAVE ANY.**

Alice Walker (author & feminist, USA)



WHAT I FIND OF MOST SATISFACTION IS WHEN I SEE VICTIMS BECOMING ADVOCATES FOR CHANGE.

Mary Balikungeri (women's & development activist, Rwanda)



THERE IS NO TOOL FOR DEVELOPMENT MORE EFFECTIVE THAN THE EMPOWERMENT OF WOMEN.

Kofi Annan (UN Secretary-General 1997-2007, Nobel Peace Prize 2001, Ghana)



PEACE IS NOT MERELY A DISTANT GOAL THAT WE SEEK, BUT A MEANS BY WHICH WE ARRIVE AT THAT GOAL.

Martin Luther King, Jr. (civil rights activist, Nobel Peace Prize 1964, USA)



THE FIRST PRINCIPLE OF NON-VIOLENT ACTION IS THAT OF NON-COOPERATION WITH EVERYTHING HUMILIATING.

César Chávez (labour leader & civil rights activist, USA)



IF YOU DON'T LIKE THE WAY THE WORLD IS, YOU CHANGE IT. YOU HAVE AN OBLIGATION TO CHANGE IT. YOU JUST DO IT ONE STEP AT A TIME.

Marian Wright Edelman (children's rights activist, USA)



THERE IS NO TIME LEFT FOR ANYTHING BUT TO MAKE PEACE-WORK A DIMENSION OF OUR EVERY WAKING ACTIVITY.

Elise Boulding (sociologist & peace researcher, Norway/USA)



WE MUST FIX OUR VISION NOT MERELY ON THE NEGATIVE EXPULSION OF WAR, BUT UPON THE POSITIVE AFFIRMATION OF PEACE.

Martin Luther King, Jr. (civil rights activist, Nobel Peace Prize 1964, USA)



IF IN OUR DAILY LIFE WE CAN SMILE, IF WE CAN BE PEACEFUL AND HAPPY, NOT ONLY WE, BUT EVERYONE WILL PROFIT FROM IT. THIS IS THE MOST BASIC KIND OF PEACE WORK.

Thich Nhat Hanh (Zen Buddhist monk, peace activist, Vietnam)



NEVER DOUBT THAT A SMALL GROUP OF THOUGHTFUL COMMITTED PEOPLE CAN CHANGE THE WORLD: INDEED IT'S THE ONLY THING THAT EVER HAS.

Margaret Mead (anthropologist, USA)



FOR IT ISN'T ENOUGH TO TALK ABOUT PEACE. ONE MUST BELIEVE IN IT. AND IT ISN'T ENOUGH TO BELIEVE IN IT. ONE MUST WORK AT IT.

Eleanor Roosevelt (human rights activist & diplomat, USA)



NON-VIOLENCE IS NOT INACTION. IT IS NOT DISCUSSION. IT IS NOT FOR THE TIMID OR WEAK. NON-VIOLENCE IS HARD WORK. IT IS THE WILLINGNESS TO SACRIFICE. IT IS THE PATIENCE TO WIN.

César Chávez (labour leader & civil rights activist, USA)



PEACE IS A NEVER-ENDING PROCESS, THE WORK OF MANY DECISIONS BY MANY PEOPLE IN MANY COUNTRIES. IT IS AN ATTITUDE, A WAY OF LIFE, A WAY OF SOLVING PROBLEMS AND RESOLVING CONFLICTS.

Óscar Arias (Nobel Peace Prize 1987, president of Costa Rica)



ANY INTELLIGENT FOOL CAN MAKE THINGS BIGGER, MORE COMPLEX, AND MORE VIOLENT. IT TAKES A TOUCH OF GENIUS - AND A LOT OF COURAGE - TO MOVE IN THE OPPOSITE DIRECTION.

Ernst Friedrich Schumacher (economist, GB)



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PEACE IS NOT THE ABSENCE OF CONFLICT BUT THE PRESENCE OF CREATIVE ALTERNATIVES FOR RESPONDING TO CONFLICT - ALTERNATIVES TO PASSIVE OR AGGRESSIVE RESPONSES, ALTERNATIVES TO VIOLENCE.

Dorothy Thompson (journalist, feminist, writer, USA)



I BELIEVE THAT PEACE IS NOT MERELY AN ABSENCE OF WAR BUT THE NURTURE OF HUMAN LIFE, AND THAT IN TIME THIS NURTURE WOULD DO AWAY WITH WAR AS A NATURAL PROCESS.

Jane Addams (activist, social worker, Nobel Peace Prize 1931, USA)



**THERE ARE WEAPONS THAT ARE
SIMPLY THOUGHTS. FOR THE RECORD,
PREJUDICES CAN KILL AND SUSPICION
CAN DESTROY.**

Rod Serling (script-writer & producer, peace activist, USA)



**PEACE IS NOT AN ABSENCE OF WAR,
IT IS A VIRTUE, A STATE OF MIND,
A DISPOSITION FOR BENEVOLENCE,
CONFIDENCE, JUSTICE.**

Baruch Spinoza (philosopher, 1632-1677, The Netherlands)



**WE CAN BEST HELP YOU TO PREVENT
WAR NOT BY REPEATING YOUR WORDS
AND FOLLOWING YOUR METHODS
BUT BY FINDING NEW WORDS AND
CREATING NEW METHODS.**

Virginia Woolf (writer & editor, GB)



**WE CAN'T DO IT BY OURSELVES, BUT
IF ENOUGH OF US DO IT, WE CHANGE
THE CULTURAL CLIMATE, AND THEN
THE LEADERS FOLLOW.**

Riane Eisler (scholar, writer, social activist, Austria/USA)



**PEACE IS AN ENVIRONMENT WHERE
CONFLICTS ARE RESOLVED WITHOUT
VIOLENCE, WHERE PEOPLE ARE
FREE, NOT EXPLOITED, LIVING SO THEY
CAN GROW TO THEIR FULL POTENTIAL.**

Gerard Vanderhaar (professor for religion & peace studies, USA)



IF IT WERE PROVED TO ME THAT IN MAKING WAR, MY IDEAL HAD A CHANCE OF BEING REALIZED, I WOULD STILL SAY „NO“ TO WAR. FOR ONE DOES NOT CREATE HUMAN SOCIETY ON MOUNDS OF CORPSES.

Louis Lecoin (pacifist leader, France)



I THINK THAT PEOPLE WANT PEACE SO MUCH THAT ONE OF THESE DAYS GOVERNMENTS BETTER GET OUT OF THEIR WAY AND LET THEM HAVE IT.

Dwight David Eisenhower (US-president 1953-61)



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Dorothy Thompson (journalist, feminist, writer, USA)



MANKIND MUST PUT AN END TO WAR, OR WAR WILL PUT AN END TO MANKIND. WAR WILL EXIST UNTIL THAT DISTANT DAY WHEN THE CONSCIENTIOUS OBJECTOR ENJOYS THE SAME REPUTATION AND PRESTIGE THAT THE WARRIOR DOES TODAY.

John F. Kennedy (US-president 1961-63)



WE MUST NOT, IN TRYING TO THINK ABOUT HOW WE CAN MAKE A BIG DIFFERENCE, IGNORE THE SMALL DAILY DIFFERENCES WE CAN MAKE WHICH, OVER TIME, ADD UP TO BIG DIFFERENCES THAT WE OFTEN CANNOT FORESEE.

Marian Wright Edelman (children's rights activist, USA)



WAR IS, AT FIRST, THE HOPE THAT ONE WILL BE BETTER OFF; NEXT, THE EXPECTATION THAT THE OTHER FELLOW WILL BE WORSE OFF; THEN, THE SATISFACTION THAT HE ISN'T ANY BETTER OFF; AND, FINALLY, THE SURPRISE AT EVERYONE'S BEING WORSE OFF.

Karl Kraus (writer & journalist, 1874-1936, Austria)



WE CHALLENGE THE CULTURE OF VIOLENCE WHEN WE OURSELVES ACT IN THE CERTAINTY THAT VIOLENCE IS NO LONGER ACCEPTABLE, THAT IT'S TIRED AND OUTDATED NO MATTER HOW MANY CLING TO IT IN THE STUBBORN BELIEF THAT IT STILL WORKS AND THAT IT'S STILL VALID.

Gerard Vanderhaar (professor of religion & peace studies, USA)



EVERY GUN THAT IS MADE, EVERY WARSHIP LAUNCHED, EVERY ROCKET FIRED SIGNIFIES, IN THE FINAL SENSE, A THEFT FROM THOSE WHO HUNGER AND ARE NOT FED, THOSE WHO ARE COLD AND ARE NOT CLOTHED.

Dwight David Eisenhower (US-president 1953-61)



PEACE IS NOT THE PRODUCT OF A VICTORY OR A COMMAND. IT HAS NO FINISHING LINE, NO FINAL DEADLINE, NO FIXED DEFINITION OF ACHIEVEMENT. PEACE IS A NEVER-ENDING PROCESS, THE WORK OF MANY DECISIONS.

Óscar Arias (Nobel Peace Prize 1987, president of Costa Rica)



EACH PERSON HAS INSIDE A BASIC DECENCY AND GOODNESS. IF HE LISTENS TO IT AND ACTS ON IT, HE IS GIVING A GREAT DEAL OF WHAT IT IS THE WORLD NEEDS MOST. IT IS NOT COMPLICATED BUT IT TAKES COURAGE. IT TAKES COURAGE FOR A PERSON TO LISTEN TO HIS OWN GOODNESS AND ACT ON IT.

Pablo Casals (cellist & conductor, Catalonia/Spain)



IT'S ODD HOW THOSE WHO DISMISS THE PEACE MOVEMENT AS UTOPIAN DON'T HESITATE TO PROFFER THE MOST ABSURDLY DREAMY REASONS FOR GOING TO WAR: TO STAMP OUT TERRORISM, INSTALL DEMOCRACY, ELIMINATE FASCISM, AND MOST ENTERTAININGLY, TO „RID THE WORLD OF EVIL-DOERS” . Arundhati Roy (writer & globalization-critical activist, India)



THE ONLY POLITICS I AM WILLING TO DEVOTE MYSELF TO - IS SIMPLY A MATTER OF SERVING THOSE AROUND US: SERVING THE COMMUNITY AND SERVING THOSE WHO WILL COME AFTER US. ITS DEEPEST ROOTS ARE MORAL BECAUSE IT IS A RESPONSIBILITY EXPRESSED THROUGH ACTION, TO AND FOR THE WHOLE.

Vaclav Havel (writer & politician, Czech Republic)



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Óscar Arias (Nobel Peace Prize 1987, president of Costa Rica)



NON-VIOLENCE IS A VERY POWERFUL WEAPON. MOST PEOPLE DON'T UNDERSTAND THE POWER OF NON-VIOLENCE AND TEND TO BE AMAZED BY THE WHOLE IDEA. THOSE WHO HAVE BEEN INVOLVED IN BRINGING ABOUT CHANGE AND SEE THE DIFFERENCE BETWEEN VIOLENCE AND NON-VIOLENCE ARE FIRMLY COMMITTED TO A LIFETIME OF NON-VIOLENCE, NOT BECAUSE IT IS EASY OR BECAUSE IT IS COWARDLY, BUT BECAUSE IT IS AN EFFECTIVE AND VERY POWERFUL WAY.

César Chávez (labour leader & civil rights activist, USA)



PEACE, IN THE SENSE OF THE ABSENCE OF WAR, IS OF LITTLE VALUE TO SOMEONE WHO IS DYING OF HUNGER OR COLD. IT WILL NOT REMOVE THE PAIN OF TORTURE INFLICTED ON A PRISONER OF CONSCIENCE. IT DOES NOT COMFORT THOSE WHO HAVE LOST THEIR LOVED ONES IN FLOODS CAUSED BY SENSELESS DEFORESTATION IN A NEIGHBORING COUNTRY. PEACE CAN ONLY LAST WHERE HUMAN RIGHTS ARE RESPECTED, WHERE THE PEOPLE ARE FED, AND WHERE INDIVIDUALS AND NATIONS ARE FREE.

The Dalai Lama (leader of the Tibetan people, Nobel Peace Prize 1989)



WHATEVER YOU DO, YOU NEED COURAGE. WHATEVER COURSE YOU DECIDE UPON, THERE IS ALWAYS SOMEONE TO TELL YOU THAT YOU ARE WRONG. THERE ARE ALWAYS DIFFICULTIES ARISING THAT TEMPT YOU TO BELIEVE YOUR CRITICS ARE RIGHT. TO MAP OUT A COURSE OF ACTION AND FOLLOW IT TO AN END REQUIRES SOME OF THE SAME COURAGE THAT A SOLDIER NEEDS. PEACE HAS ITS VICTORIES, BUT IT TAKES BRAVE MEN AND WOMEN TO WIN THEM.

Ralph Waldo Emerson (writer & philosopher, 1803-82, USA)

